

# MILLFIELD - THE SPIN ACADEMY 2022/23

12 MONTH MEMBERSHIP INCLUDING 10 COACHING SESSIONS AT MILLFIELD SCHOOL FROM SEPTEMBER-MARCH

A unique opportunity open to both boys and girls to receive dedicated spin bowling coaching from former International Spinner, Peter Such



#### THE SPIN ACADEMY for U11 and U19 age groups

The Spin Academy seeks to discover, improve and support the country's most gifted spin bowlers through a blended approach based on the extensive experience of former International Spinner, Peter Such, as both top-level player and coach.



Over recent years as a coach, Peter has worked closely with the likes of Monty Panesar, Graeme Swann, Moeen Ali, Adil Rashid, Jack Leach, Matthew Parkinson, Zafar Ansari, Mason Crane and Dominic Bess, whilst also supporting England Under 19, England Lions and County Spin Bowlers.

As a player, Peter had a 20 year career with Nottinghamshire, Leicestershire, Essex and England. During that time, as a spin bowler he took over 1,000 wickets in First XI County Cricket. On 51 occasions he took 5 wickets in an Innings and had nine 10 wicket bags. In his 11 Test Matches he took 37 wickets including two 5 wicket hauls with a Test Match best of 6 for 67 on debut verses Australia at Old Trafford.



## VENUE

MILLFIELD SCHOOL

state of the art indoor cricket centre | cricket pavilion









### FORMAT & DATES

### 10 COACHING SESSIONS

#### THE CORE OF THE PROGRAMME IS BASED AROUND:

- Developing technique so as to deliver spin consistently
- Becoming tactically 'more savvy' so as to make best use talents in both red ball and white ball competition
- Working on craft and exploring variations so as to become a more skillful bowler
- Looking at the mental attributes needed to succeed as a spin bowler
- Training in a way that develops the movement patterns that support spin and a consistent action

#### COACHING SESSIONS (4-9pm, including private dinner)

Session 1: Sunday 18 September

Session 2: Sunday 9 October

Session 3: Sunday 6 November

Session 4: Sunday 20 November

Session 5: Sunday 4 December

Session 6: Sunday 8 January

Session 7: Sunday 22 January

Session 8: Sunday 5 February

Session 9: Sunday 5 March

Session 10: Sunday 19 March





### COST

### OVERVIEW & FEES

- For U11 to U19 age groups
- Expert coaching from Peter Such plus Support Spin, Batting and Strength & Conditioning coaches
- 10 coaching sessions at Millfield School with lunch and drinks provided
- Continuous development throughout the year with remote support and analysis from Peter Such
- Fully branded Spin Academy training bundle
- £1600 for a year's membership which can be paid upfront in August or in monthly installments with £640 deposit in August and £160 per month from September-February



For more information on The Spin Academy see thespinacademy.co.uk

Book online at millfieldenterprises.com/term-time/spin-academy



